

Lunch week 2

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------------------|---|---|---|--|---|
| MAIN MEAL | SWEET MEDITRANEAN CHICKEN PENNE PASTA | CHICKEN ENCHILADAS WITH CHEESES SERVED WITH SOUR CREAM ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY | LASAGNE WITH GARLIC BREAD & SALAD | CHICKEN TANDOORI WITH GARLIC INFUSSED RICE | BATTERED FISH & TARTAR SAUCE MUSHY PEAS |
| PLANT BASED / VEGETARIAN | ROASTED PEPPERES & FIVE BEAN CHILLI | VEGETABLE QUESADILLAS ALL SERVED WITH SEASONAL VEGETABLES & POTATO OR RICE DISH OF THE DAY | VEGETABLE LASAGNE SERVED WITH SALAD & GARIC BREAD | SPINACH & LENTIL CURRY | LOADED HOT DOGS SERVED WITH FRIED ONIONS |
| STREET FOOD | CHICKEN CHOW MEIN | SPICY BEEF BURRITOS WITH FRESH SALSA AND SPICY RICE | FALAFEL BURGER SERVED WITH ASIAN SLAW | CAJUN TANDOORI FLATBREAD WITH ONIONS & PEPPERS | FISH FINGER BAPS SERVED WITH TARTARE SCE |
| TAKEAWAY TUBS | VEGETABLE CHOW MEIN CHICKEN NUGGETS | MAC & CHEESE SPICY VEGETABLE CHOW MEIN | PENNE ARRIBIATA BBQ CHICKEN WRAP | SPICY CHICKEN PENNA PASTA SWEET CHILLI FALAFEL WRAP | LOADED NACHOS MOZZERELLA STICKS |
| PIZZA SLICE / PANINIS | MARGHERITA BBQ CHICKEN PANINI | VEGETABLE PIZZA TUNA MELT PANINI | BBQ CHICKEN PIZZA CHEESE & ONION PANINI | MARGHERITA MEATBALL & CHEESE PANINI | SPICY MEATBALL PIZZA BBQ SAUAASGE PANINI |
| JACKETS | TRY OUR DELICIOUS FLLINGS FROM £0.70P EACH | | | | |
| DESSERTS | DAILY HOMEMADE TRAY BAKES & CAKES AVAILABLE & CHILLIED DESSERT POTS | | | | |

Meal Deal

Main Meal
With Vegetables
And Dessert



+



+



£2.50

All Of Our Main Meals and Desserts Are Freshly Made On Site Every Day