

Lunch week 1

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	CHICKEN BURGER IN A BUN WITH LETTUCE & LEMON MAYO	PASTA BOLOGNAISE WITH GARDEN SALAD AND GARLIC SLICE	ROASTED CHICKEN BAP & ROASTED POTATOES	CHICKEN TIKKA CURRY SERVED WITH PILAU RICE	BATTERED FISH & TARTAR SAUCE MUSHY PEAS
	ALL SERVED WITH SEASONAL VEGETABLES & POTATOES OR RICE DISH OF THE DAY				
PLANT BASED / VEGETARIAN	QUORN DAHL WITH SALSA & SOUR CREAM	VEGETABLE BOLOGNAISE WITH GARDEN SALAD AND GARLIC SLICE	BROCCOLI PASTA BAKE	POTATO & CHICKPEA CURRY	FALAFEL SHARMA FLATBREAD WITH SPICY WEDGES
	ALL SERVED WITH SEASONAL VEGETABLES & POTATOES OR RICE DISH OF THE DAY				
STREET FOOD	VEGETABLE BURRITO WRAP	CHICKEN CHOW MEIN	TEX MEX CHICKEN TACO WITH ASIAN SLAW	TIKKA CHICKEN FLATBREAD WITH ONIONS & PEPPERS	CHILLI DOGS WITH SOUR CREAM & SALSA
PASTA / RICE	PENNE ARRABIATA	MAC 'N' CHEESE	CHURRASCO CHICKEN RICE & PEAS	CHICKEN BIRYANI	SPICY CHICKEN MACARONI
GRAB BAGS	HASH BROWS	CHICKEN NUGGETS	MOZZERELLA STICKS	JERKED POTATOES	CHIPS
PIZZA SLICE / PANINIS	SWEET CHILLI CHICKEN PIZZA	MARGHERITA PIZZA	VEGETABLE FEAST PIZZA	MARGHERITA PIZZA	BBQ CHICKEN PIZZA
	CHEESE & ONION PANINI	BBQ SAUSAGE PANINI	TUNA MELT PANINI	CHEESE & TOMATO PANINI	MEATBALL & CHEESE PANINI
JACKETS	TRY OUR DELICIOUS FILLINGS FROM £0.70P EACH				
DESSERTS	CHOOSE FROM A SELECTION OF OUR HOMEMADE CAKES & CHILLED DESSERT POTS				

Meal Deal

Main Meal
With Vegetables
And Dessert



+



+



£2.50

All Of Our Main Meals and Desserts Are Freshly Made On Site Every Day