

KS3 PE Curriculum 2023-2024

	Year 7	Year 8	Year 9		
	Knowledge and skills development	Outwitting opponents and implementing rules	Game play and tactical development	Enrichment	Curricular links
Cycle 1	<ul style="list-style-type: none"> <li>• <b>Developing technique and performance</b></li> <li>• <b>Replicate accurate movement</b></li> <li>• <b>To develop precision, control and accuracy</b></li> <li>• <b>To understand basic rules and use them within a game</b></li> <li>• <b>Basic leadership skills with teachers support</b></li> </ul> <p>Assessment: skills learnt used within a game type of activity/routine</p> <p><b>Careers</b> – sports judges/officials, referees, PE teacher</p>	<ul style="list-style-type: none"> <li>• <b>Outwitting opponents</b></li> <li>• <b>Encouraging team work</b></li> <li>• <b>To develop fluency of the skills learnt</b></li> <li>• <b>Adhere to the rules within a condition/ competitive game</b></li> <li>• <b>Leadership skills with clarity, volume and presence.</b></li> <li>• <b>Decision making</b></li> </ul> <p>Assessment: skills learnt used within a game type of activity/routine</p> <p><b>Careers</b> – sports judges/officials, referees PE teacher</p>	<ul style="list-style-type: none"> <li>• <b>Analysing performance</b></li> <li>• <b>Embedding technique into a competitive game</b></li> <li>• <b>Focus on developing tactics, set play</b></li> <li>• <b>Developing skills as a leader and official – officiating games with support</b></li> </ul> <p>Assessment: skills learnt used within a game type of activity/routine</p> <p><b>Careers</b> – sports judges/officials, referees PE teacher</p>	Football Netball Rugby Trampolining Fitness club Dance Basketball	HRE links Science
Cycle 2	<ul style="list-style-type: none"> <li>• <b>Developing technique and performance</b></li> <li>• <b>Replicate accurate movement</b></li> <li>• <b>To develop precision, control and accuracy</b></li> <li>• <b>To understand basic rules and use them within a game</b></li> <li>• <b>Basic leadership skills without teachers support with accurate demonstration</b></li> </ul> <p>Assessment: skills learnt used within a game type of activity</p> <p><b>Careers</b> – Coaches, personal trainers, managers</p>	<ul style="list-style-type: none"> <li>• <b>Outwitting opponents</b></li> <li>• <b>Encouraging team work</b></li> <li>• <b>To develop fluency of the skills learnt</b></li> <li>• <b>Adhere to the rules within a condition/ competitive game</b></li> <li>• <b>Leadership skills – teacher to direct a leadership role within the activity</b></li> <li>• <b>Decision making</b></li> </ul> <p>Assessment: skills learnt used within a game type of activity</p> <p><b>Careers</b> – Coaches, personal trainers, managers</p>	<ul style="list-style-type: none"> <li>• <b>Analysing performance</b></li> <li>• <b>Embedding technique into a competitive game</b></li> <li>• <b>Focus on developing tactics, set play</b></li> <li>• <b>Developing skills as a leader and official – leading own activities and feeding back.</b></li> </ul> <p>Assessment: skills learnt used within a game type of activity</p> <p><b>Careers</b> – Coaches, personal trainers, managers</p>	Football Netball Rugby Trampolining Fitness club Dance Basketball	

Cycle 3	<ul style="list-style-type: none"> <li>• <b>Developing technique and performance</b></li> <li>• <b>Replicate accurate movement</b></li> <li>• <b>To develop precision, control and accuracy</b></li> <li>• <b>To understand basic rules and use them within a game</b></li> <li>• <b>Basic leadership skills with clarity, volume and presence.</b></li> </ul> <p>Assessment: skills learnt used within a game type of activity <b>Careers</b> – Health safety officer, officials, umpires, athletes</p>	<ul style="list-style-type: none"> <li>• <b>Outwitting opponents</b></li> <li>• <b>Encouraging team work</b></li> <li>• <b>To develop fluency of the skills learnt</b></li> <li>• <b>Adhere to the rules within a condition/ competitive game</b></li> <li>• <b>Leadership skills – to lead a starter activity</b></li> <li>• <b>Decision making</b></li> </ul> <p>Assessment: skills learnt used within a game type of activity <b>Careers</b> – Health safety officer, officials, umpires, athletes</p>	<ul style="list-style-type: none"> <li>• <b>Analysing performance</b></li> <li>• <b>Embedding technique into a competitive game</b></li> <li>• <b>Focus on developing tactics, set play</b></li> <li>• <b>Leadership skills - To be able deliver aspects of the lesson and to officiating with clarity and presence</b></li> </ul> <p>Assessment: skills learnt used within a game type of activity <b>Careers</b> – Health safety officer, officials, umpires, athletes</p>	Cricket Rounders Athletics	Measurements – Maths
---------	--	---	--	----------------------------------	-------------------------