



Graduated Response for Mental Health and Well-being

IDENTIFICATION

Need is identified or suspected.

Shared by student themselves, school staff, family, other agency (GP, social care, Early Help etc.), peers



ASSESS

Information gathering

- *Discuss with student*
- *Discuss with parents/carers*
- *RCAD/My Journey/screening tools*
- *Information from teaching and pastoral staff*



PLAN

- *Create My Plan to identify outcomes (My Plan+ if other agencies are involved)*
- *Seek advice from other agencies where appropriate*
- *Plan support using Continuum of Need*



DO

Implement planned support for specified period



REVIEW

- *Discuss with student*
- *Discuss with parents/carers*
- *RCAD/My Journey/screening tools*
- *Information from teaching and pastoral staff*



Need being met

Continue for specified period and review



Need has been met
No further action



Need not being met or additional needs identified
Reassess



Continuum of Need

Low need:

- Tutor/Chaplain/Pastoral staff check-in

Some need:

- Internal SEMH support; 1:1, group intervention
- Identified space for support; Learning Support, Welfare Office, House Office, Chaplain's Office, Tutor Room
- Senior Mental Health Lead check-in
- Mental Health First Aider check-in
- Mentoring support – The Rock, Young Gloucestershire
- School Nursing Service

High need:

- CAMHS
- Crisis Team
- Young Minds Matter
- TiC+
- Team Around the Locality Cluster
- Social Care
- Educational Psychologist
- Advisory Teaching Service
- SEN Pathway
- Early Help