

Graduated Response for Mental Health and Well-being

IDENTIFICATION

Need is identified or suspected.

Shared by student themselves, school staff, family, other agency (GP, social care, Early Help etc.), peers



Information gathering

- Discuss with student
- Discuss with parents/carers
- RCAD/My Journey/screening tools
- Information from teaching and pastoral staff

PLAN

- Create My Plan to identify outcomes (My Plan+ if other agencies are involved)
- Seek advice from other agencies where appropriate
- Plan support using Continuum of Need



Implement planned support for specified period



- Discuss with student
- Discuss with parents/carers
- RCAD/My Journey/screening tools
- Information from teaching and pastoral staff

Need being met Continue for specified period and review Need has been met *No further action*

Need not being met or additional needs identified *Reassess*



Continuum of Need

Low need:

Tutor/Chaplain/Pastoral staff check-in

Some need:

- Internal SEMH support; 1:1, group intervention
- Identified space for support; Learning Support, Welfare Office, House Office, Chaplain's Office, Tutor Room
- Senior Mental Health Lead check-in
- Mental Health First Aider check-in
- Mentoring support The Rock, Young Gloucestershire
- School Nursing Service

High need:

- CAMHS
- Crisis Team
- Young Minds Matter
- TiC+
- Team Around the Locality Cluster
- Social Care
- Educational Psychologist
- Advisory Teaching Service
- SEN Pathway
- Early Help